

Home Delivered Meals

We have often said that the Meals on Wheels program is more than just a meal for the senior that's receiving it. It's much more than nutritious food and sustenance. It's a daily check on the senior and for some, it may be the only person they talk to during the day. Our clients look forward to the meal being delivered because it reassures them that they're not alone.

We recently experienced a near "life or death" situation with one of our clients. Ed, one of our drivers, was making his usual route and one of the clients didn't answer the door. He knocked and called out for her and heard a very faint 'help' coming from inside the home. Ed immediately went to the apartment management who unlocked the door and there they found our client laying on the floor. She had fallen the afternoon before - after Ed had delivered her meal - and had laid on the floor for nearly 24 hours. They called for an ambulance and she was checked out and her emergency contact notified. The story ends well...she's back at home and looks forward to Ed delivering every day to her. And for that, we are extremely grateful for this program.

During the winter weather in February, we were unable to deliver meals for several days. Our drivers still called their clients and checked on them, to ensure they were safe, warm and healthy.