



Union County Senior Services Social Programming

Case Story



Union County Senior Services Social Programming is what makes life for the seniors in our community fun! We provided 4,132 opportunities for several hundred seniors to be active, social, and engaged in Fiscal Year 2019. Through our recreation program, we can give seniors the opportunity to have a program to exercise as a group. To have a place to play cards and bridge all afternoon. To have an opportunity to visit unique and interesting locations in our area. To have an opportunity to have food, fellowship and company daily. We average at least one trip weekly, allowing seniors to go bowling, to the movies or to visit state parks, just to name a few. By getting them to the center to eat lunch on the last Friday of the month, we have also been able to provide them with health information, hearing screenings, and classes on financial security. It is very important for seniors to stay active and engaged for overall health and our recreation program does just that! Without this funding, these opportunities will greatly reduce. We do ask for a minimal donation from the seniors for the activities to help offset the cost of the activities. Decreased activities will ultimately result in isolation, decreased socialization, decreased nutrition, and increased depression and physical ailments. It is important to have programming opportunities to meet the clients where they are to pass on the services and information that they need. Our programming does just that!

How Dollars Help Our Clients



\$100

\$100 will provide meat for a pot luck, allowing seniors to have a place to enjoy a meal with others and hear a guest speaker monthly.

\$500

\$500 will allow 33 seniors to attend lunch and an activity at Pennyrile State Park, for a wonderful afternoon of fellowship and fun.

\$1,000

\$1000 will pay for a group of 20 seniors to enjoy a trip to the movies 6 times! This will provide an opportunity to fellowship, getting out of their home without the fear of driving as well as be in the know about current events, allowing conversation starters with family members.