

## **Union County Audubon Area RSVP Program**



Give life, give of your life, and it gives back to you.

"There's not a lot to do when you live by yourself out of town in the country and I needed something to do," said Ms. Hannah a RSVP member of over 10 years. After working full time for Job Corps for 27 years, babysitting grandchildren for four and another part-time job for two years with Audubon Area, Ms. Hannah still had not had her fill of helping others. After her final retirement, she continued working in the same building serving senior meals. She also volunteered her time at Saint Vincent De Paul and took meals to a friend at home. At the age of 83, Ms. Hannah was diagnosed with high blood pressure. On the way home from a hospital stay her daughter gave her a lecture to slow down. Her daughter also stopped to get her blood pressure/pulse monitor. Hannah didn't want to slow down and felt fine. Using the monitor resulted in Ms. Hannah noticing her pulse rate dropping which led to the doctor inserting a pacemaker. She had been reluctant to slow down but finally compromised with her children. She now volunteers 3 days a week. Ms. Hannah has spent years, staying active, giving to others and as a result, keeps busy, spends time with family and as she says, "I have MUCH to be thankful for!" Ms. Hannah is a true example of the circle of giving and receiving.

## **How Dollars Help Our Clients**



\$100 The RSVP can utilize \$100 to provide one RSVP member one meal per day for 25 service days while in the course of their service.

\$500 The RSVP can utilize \$500 to provide 2.5 months of transportation costs for one RSVP member to and from their volunteer assignment.

\$1,000 The RSVP can utilize \$1,000 to purchase meals and tokens of appreciation for 40 RSPV members attending the annual volunteer recognition event.