

Owensboro Family YMCA

We have many stories. Please let me share short versions:

1) M.A. is an older mother who is disabled and lost her husband in January 2019. Her adult son, J.A., lives with her and helps pay bills with his SSI income but is very overweight. Financial assistance has enabled J.A. to lose 100 pounds since joining the Y, and he is a constant presence in our aqua size classes.

2) G.M. is a single mother of 3 boys who states that "she wants to be able to get in shape to be healthy and be able to keep up with them." With Youth Development as one of our three primary focuses, the Y continues to offer an environment where every child can reach their potential and become productive citizens. Our core values ... caring, respect, responsibility, honesty and faith ... are the influence we try to instill over all that enter our doors. We continue to plant these seeds of core values in our work. The Y realizes that we are only one of the few or only places that can provide hope for families that want to break free of past history, and during the COVID cloud, the Y has experienced different forms of needs and has attempted to adjust to meet those needs. We take that responsibility very seriously while also maintaining the requirements of the financial assistance approval process. In 2020, the Y assisted 475 individuals with \$79,998 in scholarship assistance for membership and program fees. This included assistance for active military personnel and individuals representing families of active-duty service personnel. The Y also maintains a relationship with seven local social service organizations to allow their clients or residents to use the Y without charge for recreational activities. However, when we were ordered to close in March 2020, it was necessary to postpone those services until some degree of normalcy returns.