## **Home Delivered Meals**

Hancock County Senior Services Home Delivered Meal program is such a gem to the older adults and their families that participate in this program. This program provides a hot, nutritious meal to a senior in their home 5 days a week. During COVID it has also helped some seniors conserve the food that they have and to limit the number of times that they or a family member as to get out into public. It is so much more than a meal though. It is a smiling face, greeting them at their home each morning. It is peace of mind for family members, knowing that someone will be there every morning to check on their loved ones, someone to lay eyes on them and to alert the family if they have concerns about their loved one. It is a huge part of making sure that a senior is able to stay in their home for as long as possible. That ability to stay in their home is so important to so many, ensuring they are in the home they have always known. The home where they raised their children, lived with their spouse, as well as somewhere convenient for family to stop by and visit and enjoy their company. Hancock County Senior Services strives daily to help provide a level of care that assures that the precious resource of our senior population is met.