

Building Stronger Families

Single parent recently clean from drugs was referred to our services from a community partner. The parent recently gained employment and custody of the children who had been living with their grandparents due to their parent's drug addiction and death of their other parent. The family was in need of support reuniting the family. The parent stated they wanted help with structure, routine and communication. The initial assessment scores were low in parental capabilities, family interactions and environment. Daily schedules and routines were immediately set and made flexible to meet each family members needs as they were discussed. The family was reluctant to share feelings and with weekly feelings activities they opened up to each other and were more comfortable to express their feelings and ideas. One of the children shared they had been self-harming. Grief counseling was suggested and the parent got the ball rolling on this suggestion and at closure the child stated they felt supported having their parent listen and take action on their behalf without getting angry. The parent actively participated in the parenting curriculum and learned ways to build trust and open communication. The family shared the positive impact that the support and education of the program had made in their lives. This family's willingness to make changes impacted their initial assessment scores in the areas of parental capabilities, family interactions and environment.