

**UNITED WAY OF THE OHIO VALLEY  
OWENSBORO-DAVISS COUNTY  
PARTNER AGENCY: THE ARC OF OWENSBORO, INC.**

Jim is a 39 year old male who first joined our program in October 2011. Jim previously lived in a personal care home with 100 plus individuals before returning to live with his family in Owensboro. He had been approved for Medicaid Waiver services and was wanting to earn an increased income and learn some work skills with our day/work program. He was also looking for some community living support services to help him with navigating his community and also improve his social skills. Jim had many challenges along the way. He needed assistance to deal with some emotional issues as well as develop skills to handle difficult and different personalities. Initially he needed much support and encouragement in the day/work program environment. He was overweight and had poor stamina. He did not like to be corrected or directed by his supervisor, and had interpersonal conflicts with some of his co-workers. Through some coaching and daily support, Jim gradually improved his work habits and skills. He also – via a start in our exercise program began to walk every day. He wasn't very speedy, but he could walk for a long, long time. Since he had been diagnosed with borderline diabetes and high cholesterol, his family and all of his support staff aided him in improving his health. They would exercise with him; discuss food options and health choices. During all of this time he received coaching, modeling and education on social interaction skills. At a point during his exercise program, his family and doctor issued a weight challenge in order for him to obtain his driver's license and drive again like he did in his younger days. As of the year 2016, he has lost 150 pounds. Jim met his weight loss goal and at the end of 2015, he obtained his driver's license. His family assisted him with the purchase of a car. He worked hard through his program goals, with his family's assistance, and earned his opportunity for a driver's license and to have a car to drive. As far as his work success, Jim participated in a presentation about work, and supported employment services in September of 2015. He had thought about getting a part-time job and the presentation given by Vocational Rehabilitation encouraged him to pursue this goal. He is currently receiving assistance to find a job that best suits his personality and desires. In the meantime, he continues to receive day/work services with this agency to improve his work skills and capabilities. Our plan is that he will be successful with finding an appropriate job placement.

**WHAT DIFFERENCE WILL YOUR INVESTMENT MAKE?**

With your investment of \$100 **The ARC of Owensboro** can:

- Provide one-on-one service for six hours for an individual to access community and/or independent non-segregated activities of the individual's choice
- Provide on-site in-house services for two days of work training/activity of various components based on individual needs
- Provide for 20 to 30 individuals to engage in a recreational activity or an educational visit to an appropriate facility

